

Creating Your New Life Plan

Create the year in faith, instead of letting it happen to you.

Make this an exciting year!

- Make bigger goals. Stop living in the past. If you're stagnant, you have lost sight of what you're aiming for somewhere along the way. Awaken your dreams and clarify them.

If you're bored with life—you don't get up every morning with a burning desire to do things—you don't have enough goals. –Lou Holtz

Make this a specific year!

- Stop being so vague about what you want! Aim for a target, a bulseye, the very center of that bulseye! Let the world know you mean business this year!

The world makes room for the man who knows where he is going. –Ralph Waldo Emerson

Make this a year of overcoming things!

- Obstacles come to put your greatness on display. (Make Me a Legend) Defeat the giants everyone else is too lazy and scared to face!

You measure the size of the accomplishment by the obstacles you had to overcome to reach your goals. –Booker T. Washington

Make this a year of unrelenting focus!

- Can you keep your eyes on the target even when the high winds are blowing? Remember Peter walking on the water? Remember Joseph's 13-year diversion? Never lose focus!

I don't care how much power, brilliance or energy you have, if you don't harness it and focus it on a specific target, and hold it there you're never going to accomplish as much as your ability warrants. –Zig Ziglar

Make this a high scoring year!

- Set achievable, incremental goals and celebrate your touchdowns!

The trouble with not having a goal is that you can spend your life running up and down the field and never score. –Bill Copeland

Make this a year of strategy and pursuit!

- Turn your wishes and desires into clearly written strategies... plans so clear that any intelligent person can achieve them!

Reduce your plan to writing. The moment you do this, you will have definitely given

concrete form to the intangible desire. –Napoleon Hill

Make this a year of forward pressing!

- Pressing, reaching, sweating, panting, driving, breaking through... your dreams are not just going to happen... you must PRESS towards the PRIZE!
I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. –Apostle Paul (Philippians 3:12-14)

Consider the following, when you write your new life plan:

- Dream without limits! (Who set your limits? Mom, Dad, friends, small town thinkers, the government, the devil?)
- Think way outside the box! (It is very possible that your future is something you have *never* thought about before. Dreams are portals to higher levels.)
- Believe that anything is possible! (Believe that anything can happen to you. That you are the luckiest (most blessed) person alive!)
- Look beyond yourself! (You were made for eternal purposes. Your dream is more than getting your light bill paid. Dream beyond yourself and the things you want and need will start to show up.)
- Aim to make a difference! (A young man said to me last night, “All I can think about is how much of a difference I want to make with my life!”)
- Be brutally honest about the changes you need to make! (Stop letting yourself off the hook for low standards and bad habits. Have the guts to strip down naked in front of the mirror and face the facts.)
- Stop being intimidated with potential dangers! (Most people spend their available *dreaming* hours, dreading what might be. While the rest of the world says, “The earth is flat and the sea monsters are epic,” will you be the one to PROVE THEM WRONG?)
- Deem this the year of facing your Goliath’s—and defeating them! (Overcome generational curses. It won’t happen overnight, but it can become a reality with a clear plan, and ONE DEDICATED year!)
- Stop procrastinating! (Your destiny is like compounded interest. Every year you delay is another one half of your potential WASTED)
- Actually write the plan!

The Nine Equities Life Management System

Life's Nine Equities:

1. Spiritual (relationship w/ God)
2. Physical (your body)
3. Family (your inner circle)
4. Financial (your money plan)
5. Career & Calling (career-your job/calling-your divine purpose)
6. Contribution (giving your time, talents, and resources)
7. Character (the real you)
8. Education (new information and mentorship)
9. Experience (exposure: visiting new places/trying new things)

Complete the following for each of your nine equities:

1. What about (each life equity) am I dissatisfied with? (Be honest with yourself... find some pain)
2. If life were perfect, how would life be in the area of (each life equity)? (Think real big!)
3. Find mentors for as many of these life equities as possible. Recruit their assistance ASAP. (This creates accountability)
4. Write down 3 or 4 specific goals for (each life equity).
5. Create specific deadlines and a specific plan of action.

Name: _____

My life plan for the year 20__!

1. Spiritual (relationship w/ God)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

2. Physical (your body)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

3. Family (your inner circle)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

4. Financial (your money plan)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

5. Career & Calling (career-your job/calling-your divine purpose)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

6. Contribution (giving your time, talents, and resources)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

7. Character (the real you)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

8. Education (new information and mentorship)

- A. _____
- B. _____
- C. _____

D. _____

E. _____

9. Experiences (exposure: visiting new places/trying new things)

A. _____

B. _____

C. _____

D. _____

E. _____

Implementing Your Life Management System

Create a 20__ calendar for your new life plan—annual, weekly, and daily schedules!

- Go to <http://www.timeanddate.com/calendar>

Create a list of specific, positive affirmations around each of your nine equities!

- These need to be written in positive, easily memorized statements about the specific areas you are planning to improve.

- Examples:

- I love and enjoy healthy foods and plenty of exercise!
- When given the option, I make healthy choices!
- I eat healthy all the time!
- I energize my happy endorphins with 3 invigorating exercise appointments every single week!
- I laugh out loud with my amazing family at least one time, every day!
- I do something adventurous with my family every month!
- I'm a great listener!
- I am calm and powerful in times of crisis!
- I am a problem solver! I make things happens! I get things done!
- There is an endless well of solutions inside of me! When problems arise... I spring into action!
- I am a master of managing my money!
- I read 1 great book each month!
- I read my bible and pray every morning... it's my favorite time of the day!
- I bounce out of bed every morning at 5:45am alive awake and full of energy!
- God's favor is on my life! People like me! Huge doors are opening up for me!
- As I take initiative and move towards my goals, the entire universe conspires in my favor!
- I am a winner, a champion, an overcomer... every day and in every way, I get better, better, and better!
- My time, talents, and resources all belong to God!
- I am a highly sacrificial person! I jump at every opportunity to make a difference for other people!
- My whole life and every single thing about it—is fun and

