

Creating Your New Life Plan

Create the year in faith, instead of letting it happen to you.

Make this an _____ year!

- Make bigger goals. Stop living in the past. If you're stagnant, you have lost sight of what you're aiming for somewhere along the way. Awaken your dreams and clarify them.

*If you're bored with life—you don't get up every morning with a _____
_____ to do things—you don't have enough _____. -Lou Holtz*

Make this a _____ year!

- Stop being so vague about what you want! Aim for a target, a bulseye, the very center of that bulseye! Let the world know you mean business this year!

The world _____ _____ for the man who knows where he is going. -Ralph Waldo Emerson

Make this a year of _____ !

- Obstacles come to put your greatness on display. (Make Me a Legend) Defeat the giants everyone else is too lazy and scared to face!

*You _____ the _____ of the accomplishment by the obstacles you had to
_____ to reach your goals. -Booker T. Washington*

Make this a year of _____ !

- Can you keep your eyes on the target even when the high winds are blowing? Remember Peter walking on the water? Remember Joseph's 13-year diversion? Never lose focus!

*I don't care how much power, brilliance or energy you have, if you don't _____
it and _____ it on a specific target, and hold it there you're never going to
accomplish as much as your _____ warrants. -Zig Ziglar*

Make this a _____ year!

- Set achievable, incremental goals and celebrate your touchdowns!

*The trouble with not having a goal is that you can spend your life running up and
down the field and never _____. -Bill Copeland*

Make this a year of _____ and _____ !

- Turn your wishes and desires into clearly written strategies... plans so clear that any intelligent person can achieve them!

Reduce your plan to writing. The moment you do this, you will have definitely

given _____ form to the intangible _____. –Napoleon Hill

Make this a year of _____!

- Pressing, reaching, sweating, panting, driving, breaking through... your dreams are not just going to happen... you must PRESS towards the PRIZE!
I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking _____ to what lies ahead, I _____ to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. –Apostle Paul (Philippians 3:12-14)

Consider the following, when you write your new life plan:

- _____ without limits! (Who set your limits? Mom, Dad, friends, small town thinkers, the government, the devil?)
- Think _____ outside the box! (It is very possible that your future is something you have *never* thought about before. Dreams are portals to higher levels.)
- Believe that _____ is possible! (Believe that anything can happen to you. That you are the luckiest (most blessed) person alive!)
- Look beyond _____! (You were made for eternal purposes. Your dream is more than getting your light bill paid. Dream beyond yourself and the things you want and need will start to show up.)
- Aim to make a _____! (A young man said to me last night, “All I can think about is how much of a difference I want to make with my life!”)
- Be _____ about the changes you need to make! (Stop letting yourself off the hook for low standards and bad habits. Have the guts to strip down naked in front of the mirror and face the facts.)
- Stop being _____ with potential dangers! (Most people spend their available *dreaming* hours, dreading what might be. While the rest of the world says, “The earth is flat and the sea monsters are epic,” will you be the one to PROVE THEM WRONG?)
- Deem this the year of _____ your Goliath's—and _____ them! (Overcome generational curses. It won't happen overnight, but it can become a reality with a clear plan, and ONE DEDICATED year!)
- Stop _____! (Your destiny is like compounded interest. Every year you delay is another one half of your potential WASTED)
- _____ write the plan!

The Nine Equities Life Management System

Life's Nine Equities:

1. _____ (relationship w/ God)
2. Physical (your body)
3. _____ (your inner circle)
4. Financial (your money plan)
5. Career & _____ (career-your job/calling-your divine purpose)
6. Contribution (giving your time, talents, and resources)
7. _____ (the real you)
8. Education (new information and mentorship)
9. _____ (exposure: visiting new places/trying new things)

Complete the following for each of your nine equities:

1. What about (each life equity) am I _____ with? (Be honest with yourself... find some pain)
2. If life were _____, how would life be in the area of (each life equity)? (Think real big!)
3. Find _____ for as many of these life equities as possible. Recruit their assistance ASAP. (This creates accountability)
4. Write down 3 or 4 specific goals for (each life equity).
5. Create _____ deadlines and a specific _____ of action.

Name: _____

My life plan for the year 20__!

1. Spiritual (relationship w/ God)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

2. Physical (your body)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

3. Family (your inner circle)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

4. Financial (your money plan)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

5. Career & Calling (career-your job/calling-your divine purpose)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

6. Contribution (giving your time, talents, and resources)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

7. Character (the real you)

- A. _____
- B. _____
- C. _____
- D. _____
- E. _____

8. Education (new information and mentorship)

- A. _____
- B. _____
- C. _____

D. _____

E. _____

9. Experiences (exposure: visiting new places/trying new things)

A. _____

B. _____

C. _____

D. _____

E. _____

Implementing Your Life Management System

Create a 20 _____ for your new life plan—annual, weekly, and daily schedules!

- Go to <http://www.timeanddate.com/calendar>

Create a list of _____ positive affirmations around each of your nine equities!

- These need to be written in positive, easily memorized statements about the specific areas you are planning to improve.
 - Examples:
 - I love and enjoy healthy foods and plenty of exercise!
 - When given the option, I make healthy choices!
 - I eat healthy all the time!
 - I energize my happy endorphins with 3 invigorating exercise appointments every single week!
 - I laugh out loud with my amazing family at least one time, every day!
 - I do something adventurous with my family every month!
 - I'm a great listener!
 - I am calm and powerful in times of crisis!
 - I am a problem solver! I make things happens! I get things done!
 - There is an endless well of solutions inside of me! When problems arise... I spring into action!
 - I am a master of managing my money!
 - I read 1 great book each month!
 - I read my bible and pray every morning... it's my favorite time of the day!
 - I bounce out of bed every morning at 5:45am alive awake and full of energy!
 - God's favor is on my life! People like me! Huge doors are opening up for me!
 - As I take initiative and move towards my goals, the entire universe conspires in my favor!
 - I am a winner, a champion, an overcomer... every day and in every way, I get better, better, and better!
 - My time, talents, and resources all belong to God!
 - I am a highly sacrificial person! I jump at every opportunity to

